ALCHESAY HIGH SCHOOL DAILY BUGLE

Thursday, November 19, 2026

WEATHER FORECAST

Today will be sunny, with a high near 66 degrees. It will be windy with possible gusts as high as 25 mph.

Tonight it will be clear, with a low around 38 degrees.

WEIRD FACTS:

- When you wake up in the morning, you're about one centimeter taller. That's because at night when you're lying down, the spine stretches and decompresses. But throughout the day, the soft cartilage between your bones gets compressed.

MEETINGS and OTHER NEWS

- Students: check your grades today. It is officially Progress Check Day. The next grade check is when grades will be posted to your transcripts; that date is December 17th.
- Meeting for Senior Class today in Dr. Ngo's classroom at 11 AM to start finalizing graduation details.
- Adventure Club members who are going on the WME Theater & Pizza Trip this Friday. Make sure to be at Bus Barn at 10:15 AM.
    - Reminder: snacks at the theater are on your own, so don't forget to bring some spending money.
    - Also, our Thanksgiving get-together is next Tuesday in Ms. Tolino's room. Please don't forget to bring your item.
- We only have 5 spots open for our next Trip to Sunrise Ski Resort; make sure to turn in permission slips ASAP to Ms. Begolin or Ms. Tolino.
- Attention Sophomores and Juniors. Are you interested in a career in healthcare? Whiteriver Hospital is offering a two-week summer internship program in 2027 where students can shadow healthcare professionals and explore different medical careers. Applications are due February 1st. If you're interested, stop by counseling and see Mr. Monterroza for more information.

- AHS Wrestling club on Monday in the library at 11 AM.
- Adventure Club meeting next Tuesday, Nov. 24th, in Ms. Tolino's Classroom during lunch.
- Any students who leave their belongings in Ms. Walker's office and do not collect them after one week will be put in the lost and found box.
- Looking for a Job? Do you know how to ski or snowboard? Sunrise Resort is hiring ski and snowboard instructors for the upcoming winter season. They offer flexible hours that work around your school schedule. If you're interested, stop by Counseling and see Mr. Monterroza for more information.
- Attention all 9th grade students, class of 2030: 9th grade student helpers are needed to sell concessions at the basketball game on Friday, December 4, at the Activity Center. 9th graders must sign up with Ms. Tolino as soon as possible, by Thursday, December 3.
- Turkey Drive Distribution Dates:
    - Thursday 10-12 at McNary Old Store and 4:30-6:30 at the Whiteriver Fairgrounds (while supplies last).
    - Friday 9-10 at Cedar Creek at the Old Store; 10:30-11:30 at Carrizo New Housing and 12-2 at Cibecue at ABHS Clinic

SPORTS NEWS

- Good luck to the Varsity Falcon Boys Basketball team today. They are playing an away game at Blue Ridge High School.

Have an epic day, Falcons! Stay strong and keep soaring—GO FALCONS!